



MENTOR COMMUNITY RECREATION CENTER

TODDLER SWIM LESSONS

Parent and Child Swim Instruction

Mondays: 4:30 pm - 5:00 pm **June 3 - July 29**
Mondays: 6:30 pm - 7:00 pm **June 3 - July 29**
Tuesdays: 11:30 am - 12:00 pm **June 4 - July 30**
Wednesdays: 6:00 pm - 6:30 pm **June 5 - July 31**
Thursdays: 11:30 am - 12:00 pm **June 6 - August 1**
Saturday: 9:00 am - 9:30 am **June 8 - August 3**



(No classes July 1, 2, 3, 4 or 6)

\$32 per session of 8 classes (members) \$40(nonmembers) Min to run class #3; Max in each class #10

This class is developed for children 6 months to 3 years, Parent and Child Swim Classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating and underwater exploration with an emphasis on safety and fun.



I'm 3 Look at Me! Swim Lessons

Mondays: 4:00 pm - 4:30 pm **June 3 - July 29**
Tuesdays: 11 am - 11:30 am **June 4 - July 30**
Thursdays: 11 am - 11:30 am **June 6 - August 1**
Saturdays: 9 am - 9:30 am **June 8 - August 3**

(No classes July 1, 2, 4 or 6)

\$32 per session of 8 classes (members)

\$40 (nonmembers) Min to run class #3; Max in each class #4

This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. Ratio will be 4:1 instructor. Skills/Activities: Comfort in the water, enter and exit water, blow bubbles through nose and mouth, submerging face, bobbing, front and back floats and glides while kicking feet. Emphasis on learning while playing. NOTE: This class is geared toward 3-year-olds who have taken part in the parent/child class. and are ready for a new challenge.