



MENTOR COMMUNITY RECREATION CENTER

TODDLER SWIM LESSONS

Parent and Child Swim Instruction

Mondays: 6:00 pm – 6:30 pm	Aug 26 – Oct 21
Tuesdays: 11:00 am – 11:30 am	Aug 27 – Oct 15
Tuesdays: 5:30 pm – 6:00 pm	Aug 27 – Oct 15
Wednesdays: 5:30 pm – 6:00 pm	Aug 28 – Oct 16
Thursdays: 11:00 am – 11:30 am	Aug 29 – Oct 17
Saturdays: 9:00 am – 9:30 am	Aug 31 – Oct 19
Saturdays: 10:00 pm – 10:30 pm	Aug 31 – Oct 19

****No class Nov 26, 27, 28, 30th or Dec 1****

Mondays: 6:00 pm – 6:30 pm	Oct 28 – Dec 16
Tuesdays: 11:00 am – 11:30 am	Oct 22 – Dec 17
Tuesdays: 5:30 pm – 6:00 pm	Oct 22 – Dec 17
Wednesdays: 6:00 pm – 6:30 pm	Oct 23 – Dec 18
Thursdays: 11:00 am – 11:30 am	Oct 24 – Dec 19
Saturdays: 9:00 am – 9:30 am	Oct 26 – Dec 21
Saturdays: 10:00 pm – 10:30 pm	Oct 26 – Dec 21
Sundays: 11:30 pm – 12:00 pm	Oct 27 – Dec 22



\$32 per session of 8 classes (members) \$40 (nonmembers)
Min to run class #3; Max in each class #10

This class is developed for children 6 months to 3 years, Parent and Child Swim Classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating and underwater exploration with an emphasis on safety and fun.

I'm 3 Look at Me! Swim Lessons

Mondays: 4:00 pm – 4:30pm	Aug 26 – Oct 21
Tuesdays: 11:30 am – 12:00 pm	Aug 27 – Oct 15
Wednesday: 5:00 pm – 5:30 pm	Aug 28 – Oct 16
Thursdays: 11:30 am – 12:00 pm	Aug 29 – Oct 17
Saturdays: 8:30 am – 9:00 am	Aug 31 – Oct 19

****No class Nov 26, 27, 28 or 30****

Mondays: 4:00 pm – 4:30pm	Oct 28 – Dec 16
Tuesdays: 11:30 am – 12:00 pm	Oct 22 – Dec 17
Wednesday: 6:15 pm – 6:45 pm	Oct 23 – Dec 18
Thursdays: 11:30 am – 12:00 pm	Oct 24 – Dec 19
Thursdays: 12:00 am – 12:30 pm	Oct 24 – Dec 19
Saturdays: 8:30 am – 9:00 am	Oct 26 – Dec 21
Saturdays: 10:45 am – 11:15 am	Oct 26 – Dec 21



\$32 per session of 8 classes (members) \$40 (nonmembers)

Min to run class #3; Max in each class #4

This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. Ratio will be 4:1 instructor. Skills/Activities: Comfort in the water, enter and exit water, blow bubbles through nose and mouth, submerging face, bobbing, front and back floats and glides while kicking feet. Emphasis on learning while playing.

NOTE: This class is geared toward 3-year-olds who have taken part in the parent/child class and are ready for a new challenge.