JANUARY



Mentor Community Recreation Center

Pool Closed Jan1 Jan 10 @7p Jan 31 11a-2p

Signature Sign	Sunday H2O BodyBurn Group Swim Lessons 11a-1pm Open Swim One lap lane 1-5:30p Sunday H2O BodyBurn Group Swim Lessons 11a-1pm Open
8a 5:30-10a 5:30-9a 5:30-9a 5:30-9a 5:30-10a Lap Swim 5:30-10a Lap Swim 7-8a Group Swim Lessons Lap Swim 1 Lessons Lap Swim Lessons Senior WWO Deen 3p-5p Swim Lessons Sadom Deen Swim In	Group Swim Lessons 11a-1pm Open Swim One lap lane 1-5:30p Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
Signor S	Group Swim Lessons 11a-1pm Open Swim One lap lane 1-5:30p Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
Aqua Hill AquaLates Aqua Hill AquaLates Aqua Hill AquaLates Stretch & Tone AquaLates Lap Swim Lap Swi	Lessons 11a-1pm Open Swim One lap lane 1-5:30p Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
11a	Open Swim One lap lane 1-5:30p Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
12-p	Open Swim One lap lane 1-5:30p Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
1p	Swim One lap lane 1-5:30p Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
Senior WWO Home School Senior WWO 2-3pm Open 3p-5p Group Swim Lessons Swim Lesso	Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
Senior WWO Home School Senior WWO 2-3pm Open 3p-5p Group Swim Lessons Swim Lesso	Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
Special Composition	Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
Space	Sunday H2O BodyBurn Group Swim Lessons 11a-1pm
SwimLessons 3:30-7p SwimLessons 3:30-7;30p One Swim + 1 Iap Iane Iap	H2O BodyBurn Group Swim Lessons 11a-1pm
3:30-7p 5-8P 3:30-7:30p	H2O BodyBurn Group Swim Lessons 11a-1pm
7:30p	H2O BodyBurn Group Swim Lessons 11a-1pm
Sign	H2O BodyBurn Group Swim Lessons 11a-1pm
Nonday Tuesday Wednesday Thursday Friday Saturday	H2O BodyBurn Group Swim Lessons 11a-1pm
Monday Tuesday Wednesday Thursday Friday Saturday	H2O BodyBurn Group Swim Lessons 11a-1pm
5:30-8am 8a 5:30-10a	H2O BodyBurn Group Swim Lessons 11a-1pm
5:30-8am 8a 5:30-10a	H2O BodyBurn Group Swim Lessons 11a-1pm
Shallow/Deep 10a Shallow/Deep 11a Open Swim 12p Lap Swim 12-3p 12:30-2p 12-2p 12:30-2p 15p Swim Lessons 15p	Group Swim Lessons 11a-1pm
9a 5:30-10a 5:30-10a 6 Group Swim 10a Shallow/Deep	Group Swim Lessons 11a-1pm
Shallow/Deep Copen Swim Copen School Copen Swim Copen School Copen Swim Copen Swim Cop	Lessons 11a-1pm
Open Swim Lap Swim Swim Lessons Swim Lessons Swim Lessons Swim Lessons Swim Lessons Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Swim Lap	11a-1pm
12p Lap Swim Lap Swim Lap Swim Lap Swim 12-2p 1p 12-3p 12:30-2p 12-2p 12:30-2p 2p Home School 3p Swim Lessons 5p Swim Lessons 5p Swim Lessons 7:30p Water Fit Swim Lessons 8:30-9:30 Open +1lap Op	
1p 12-3p 12:30-2p 12:30-2p 12:30-2p	Open
2p	6
3p Swim Lessons 5p Swim Sp Swim Sp Swim 5p Swim Sp Swim 5p Swim 5p Swim Sp Swim 5p Swim 5p Swim 12p Swim 12	Swim
Swim Lessons Swim Lessons Swim Lessons Lap Swim Shallow/Deep One lap lane 1-9:30p Shallow Front near hallway Monday Tuesday Saturday Lap Swim Lap Swim Si30-9a Si30-9a Si30-9a Si30-9a Swim Swim Swim Swim Swim Shallow/Deep	One lap lane
7:30p Water Fit Swim Lessons Aqua Hiit Shallow/Deep One lap lane 8:30-9:30 Open +1lap Open +1lap Open +1lap Open +1lap Open +1lap Open +1lap Swim Institute Shallow Front near hallway Monday Tuesday Wednesday Thursday Friday Saturday Lap Swim Lap Swim Lap Swim Lap Swim Lap Swim Si30-9a Si30-	1-5:30p
7:30p Water Fit Aqua Hiit Shallow/Deep One lap lane 8:30-9:30 Open +1 lap Ope	
Shallow Front near hallway Monday Tuesday Wednesday Thursday Friday Saturday 5:30-8am Lap Swim Significant Sig	
Monday Tuesday Wednesday Thursday Friday Saturday 5:30-8am Lap Swim S:30-9a S:30-9a S:30-9a S:30-9a S:30-9a S:30-9a S:30-9a	
5:30-8am Lap Swim Lap	
8a Lap Swim 5:30-9a 5:30-9a Lap Swim Move & Groove	Sunday
88 5.30-9a 5.30-9a 5.30-9a Move & Groove	
5'30-102	H2O BodyBurn
9a Aqua HIIT Aqua HIIT Group Swim	Group Swim
10a Shallow/Deep Stretch & Tone Shallow/Deep Stretch & Tone RENTAL 11-12 Lessons	Lessons
11a Open Swim Open Swim 8a-12pm	11a-1pm
12p Lap Swim Lap Swim Lap Swim 12-2p	Open
1p 12-3p 12:30-2p 12:30-2p Open	Swim
2p Senior WWO Home School Senior WWO Swim	One lap lane
3p Group Open 3-5p Group Open 3-5p Open One lap lane	1-5:30p
5p SwimLessons SwimLessons Lap Swim Swim 12-8:30p	
· Swim Lessons I	
7p H2O BodyBurn Move & Groove Aqua Hiit Open +1lap 2-9:30p	
8-9:30p Open +1lap Open +1lap Open +1lap 7:30-9:30p	
Key:	
Lap swim Open Swim Group Swim Water Home School Adapted	
Family Swim Lessons WorkOut Aquatics	Available