



# TODDLER SWIM LESSONS

## PARENT AND CHILD SWIM INSTRUCTION

**Min 3 | Max 10 Per Class**

*Mondays: 6:25 PM – 6:55 PM | **Aug 18 – Oct 13\****  
*Tuesdays: 11:00 AM – 11:30 AM | **Aug 19 – Oct 7***  
*Tuesdays: 5:05 PM – 5:35 PM | **Aug 19 – Oct 7***  
*Tuesdays: 5:40 PM – 6:10 PM | **Aug 19 – Oct 7***  
*Wednesdays: 6:15 PM – 6:45 PM | **Aug 20 – Oct 8***  
*Thursdays: 11:00 AM – 11:30 AM | **Aug 21 – Oct 9***  
*Fridays: 11:00 AM – 11:30 AM | **Aug 22 – Oct 10***  
*Saturdays: 9:40 AM – 10:10 AM | **Aug 23 – Oct 11***  
*Saturdays: 10:20 AM – 10:50 AM | **Aug 23 – Oct 11***  
*Sundays: 10:30 AM – 11:00 AM | **Aug 24 – Oct 12***



This class is developed for children 6 months to 3 years, Parent and child swim classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating, and underwater exploration with an emphasis on safety and fun.

**\$32 per session of 8 classes (Members) \$40 (Nonmembers) \*\* No class Sept 1<sup>st</sup>**

**Min 3 | Max 4 Per Class**

## I'M 3 LOOK AT ME! SWIM LESSONS

*Mondays: 4:00 PM – 4:30 PM | **Aug 18 – Oct 13\****  
*Tuesdays: 11:35 AM – 12:05 PM | **Aug 19 – Oct 7***  
*Wednesdays: 5:40 PM – 6:10 PM | **Aug 20 – Oct 8***  
*Wednesdays: 6:35 PM – 7:05 PM | **Aug 20 – Oct 8***  
*Thursdays: 11:35 AM – 12:05 PM | **Aug 21 – Oct 9***  
*Thursdays: 12:10 PM – 12:40 PM | **Aug 21 – Oct 9***  
*Fridays: 11:35 AM – 12:05 PM | **Aug 22 – Oct 10***  
*Saturdays: 8:35 AM – 9:05 AM | **Aug 23 – Oct 11***  
*Saturdays: 10:15 AM – 10:45 AM | **Aug 23 – Oct 11***  
*Saturdays: 11:00 AM – 11:30 AM | **Aug 23 – Oct 11***  
*Sundays: 10:00 AM – 10:30 AM | **Aug 24 – Oct 12***  
*Sundays: 11:40 AM – 12:10 PM | **Aug 24 – Oct 12***



This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. Ratio will be 4:1 instructor. Skills/Activities: Comfort in the water, enter and exit water, blow bubbles through nose and mouth, submerging face, bobbing, front and back floats and glides while kicking feet. Emphasis on learning while playing. NOTE: This class is geared toward 3-year-olds who have taken part in the parent/child class and are ready for a new challenge. **\$32 per session of 8 classes (Members) \$40 (Nonmembers) \*\*No class Sept 1<sup>st</sup>**