



**MENTOR COMMUNITY
RECREATION CENTER**

ADULT SWIM LESSONS

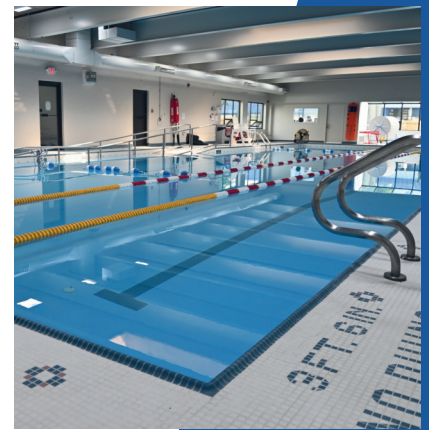


ADULT LEARN-TO-SWIM INSTRUCTION

*Sundays: 8:10 AM - 8:55 AM | **Aug 24 - Oct 12***

This class is designed to assist adults of all swim levels to set personal goals and achieve those goals. If you are getting over fears, swimming for the first time, or learning a new stroke, this class will provide you with a personalized plan to help you learn the skills necessary to reach your goals.

\$40 per session of 8 classes (Members)
\$50 (Nonmembers) Min 4 | Max 8 Per Class



PRIVATE SWIM LESSONS

One-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. your class meets when its convenient for you and your personal instructor.

One 30-Min Lesson | \$30 M / \$45 NM
Four 30-Min Lesson | \$110 M / \$165 NM
Eight 30-Min Lesson | \$200 M / \$300 NM

