



MENTOR COMMUNITY RECREATION CENTER



Adapted Aquatics Swim Lessons

This is a class for individuals with special needs. This is not a therapeutic program, it is designed to provide participants with a positive water acclimation experience. Participants are paired with a swimming buddy whose goal is to create a fun play environment while teaching important safety and swimming skills. Skills and games will be played as a group and in a 1:1 setting.

A parent, sibling or a responsible friend is required to be in the water to assist the instructor until a relationship is developed.

A meeting with the guardian, participant and the instructor will take place at the beginning of the first class to discuss goals and any considerations that will aid the participant and instructor to have a positive experience.

Participants may not register for 2 consecutive classes that would result in a full hour class. Class is only 30 minutes long, please be dressed and use the restroom prior, so we can start class on time.

Thursdays: 5:15pm – 5:45pm

Thursdays: 5:45pm – 6:15pm

Thursdays: 6:15pm – 6:45pm

Thursdays: 6:45pm – 7:15pm

Saturdays: 11:00am – 11:30am

Saturdays: 11:30am – 12:00pm

Saturdays: 12:00pm – 12:30pm

Saturdays: 12:30pm – 1:00pm

\$110 per session of 4 classes (members)

\$165 per session of 4 (nonmembers)

Now registering for sessions:

June 6 – June 27 (Thursday)

July 11 – August 1 (Thursday)

June 8 – June 29 (Saturday)

July 13 – August 3 (Saturday)

To register:

Call 440-205-3608;

In person at 6000 Heisley Rd

Online at <https://mentorrec.com/>