



# MENTOR COMMUNITY RECREATION CENTER



# Adapted Aquatics Swim Lessons

This is a class for individuals with special needs. This is not a therapeutic program, it is designed to provide participants with a positive water acclimation experience. Participants are paired with a swimming buddy whose goal is to create a fun play environment while teaching important safety and swimming skills. Skills and games will be played as a group and in a 1:1 setting.

A parent, sibling or a responsible friend is required to be in the water to assist the instructor until a relationship is developed.

A meeting with the guardian, participant and the instructor will take place at the beginning of the first class to discuss goals and any considerations that will aid the participant and instructor to have a positive experience.

Participants may not register for 2 consecutive classes that would result in a full hour class. Class is only 30 minutes long, please be dressed and use the restroom prior, so we can start class on time.

To register:  
Call 440-205-3608;  
In person at 6000 Heisley Rd  
Online at <https://mentorrec.com/>

**\$95 per session of 4 classes (members)**

**\$130 per session of 4 (nonmembers)**

Participant Name: \_\_\_\_\_

Age \_\_\_\_\_

Guardian: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Goals: \_\_\_\_\_

Special Needs: \_\_\_\_\_