



Mentor Community Recreation Center

Exercise & Lap Lane Schedule

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8a-5:30p 1 lane	5:30-10a 4 lanes	5:30-9a 4 lanes	5:30-10a 4 lanes	5:30-9a 4 lanes	5:30-10a 4 lanes	7a-8a 4 lanes
	10a-12p 1 lane	9a-12:30p 1 lane	10a-12p 1 lane	9a-12:30p 1 lane	10a-11a 1 lane	12:30-8:30p 1 lane
	12-3p 4 lanes	12:30-2p 4 lanes	12-3p 4 lanes	12:30-2p 4 lanes	11a-1p 4 lanes	
	3-5p 1 lane	2-5p 1 lane	3-6p 1 lane	2-5p 1 lane	1-9:30p 1 lane	
	7-9:30p 1 lane	5-6:30pm 4 lanes	7:30-9:30pm 1 lane	5-6:30pm 4 lanes		
		6:30-9:30p 1 lane		6:30-9:30pm 1 lane		

Lap Swim Etiquette is Strictly Enforced:

Remember the pool is a shared space. Please circle swim when more than 2 swimmers are in a lane. Exercisers please share one lane so lap swimmers have room to Lap swim. We appreciate your Cooperation and Kindness to each other and to the Lifeguard. :0)