



# Mentor Community Recreation Center

## Exercise & Lap Lane Schedule

# JULY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-9a 4 lanes	5:30-9a 4 lanes	5:30-10a 4 lanes	5:30-9a 4 lanes	5:30-10a 4 lanes	7a-8a 4 lanes	8-10a 3 lanes
9a-12p 1 lane	9a-1p 1 lane	10a-12p 1 lane	9a-12:45p 1 lane	10a-11a 1 lane	8a-9a 1 lane	12:15-5:30pm 1 lane
12-2p 4 lanes	1-2p 4 lanes	12-2p 4 lanes	12:45-2p 4 lanes	11a-2p 4 lanes	12-8:30p 1 lane	
2-6p 1 lane	2-5p 1 lane	2-9:30p 1 lane	2-5p 1 lane	2-9:30p 1 lane		
7-9:30p 1 lane	5-7p 3 lanes		5-6:45p 3 lanes		<div style="background-color: yellow; border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Please Note: Pool is Closed</b>  <b>Mon - Fri 8am -8:15am</b>  <b>For a lifeguard break</b></p> </div>	
	7-9:30p 1 lane		7-9:30p 1 lane			

### Lap Swim Etiquette is Strictly Enforced:

Remember the pool is a shared space. Please circle swim when more than 2 swimmers are in a lane. Exercisers please share one lane so lap swimmers have room to Lap swim. We appreciate your Cooperation and Kindness to each other and to the Lifeguard. :0)

*Join us & Register for upcoming Events:*  
*July 10th 8-10p - Teen Neon Splash Bash*  
*July 19th 6-8p - O'Hana Luau*  
*July 23 Stuff Backpack Water Workout Fundraiser*

