NOVEMBER

* Pool closed Mon - Fri 8a-8:15a

Mentor Community Recreation Center

Pool closed Wed 2-3p; 11/6 Still 7-8p; 11/13 movie 7-9p; 11/25 WWO food drive 6-7:30p

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8am	Lap Swim 5:30-9a	Lap Swim 5:30-9a	Lap Swim 5:30-10a	Lap Swim 5:30-9a	Lap Swim 5:30-10a		
8a						Lap Swim 7-8a	Lap Swim 8-10a
9a		Aqua HIIT		Aqua HIIT		Group Swim Lessons 9a-12:30pm	Group Swim Lessons 10a-12pm
10a	Open Swim 10a-12p	Stretch & Tone	Open Swim 10a-12p	Stretch & Tone	Cardio Splash		
11a		Swim Lessons 11a-1p		Swim Lessons 11a-12:45p	Swim Lessons 11a-12:45p		
12p	Lap Swim 12-2pm		Lap Swim 12-2p			Open Swim One lap lane 12:30-8:30pm	Open Swim One lap lane 12-5:30p
1p		Lap 12:45-2p		Lap 12:45-2p	Lap 12:45-2p		
2p	Open 2-4p	Open 2-4p	Home School 2-3	Open 2p-5p	Open Swim +1 lap 2-9:30p		
3p							
4p	Group Swim Lessons 4-7p	Swim lessons 4-7p	Group Swim Lessons 4-7p	Swim lessons 4-7p			
7p	Water Bootcamp	Open + 1 lap 7-9:30p	Family Swim 7-9:30p	Open +1lap 7:45-9:30p			
8p	Open +1lap						

Deep Middle Section

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8am	Lap Swim 5:30-9a	Lap Swim 5:30-9a	Lap Swim 5:30-10a	Lap Swim 5:30-9a	Lap Swim 5:30-10a		
8a						Lap Swim 7-8:30	Lap Swim 8-10a
9a	Shallow/Deep			Swim Lessons 11a-12:45p		Group Swim Lessons 9a-12:30pm	Group Swim Lessons 10a-12pm
10a	Shallow/Deep		Shallow/Deep		Rental 11-12		
11a	Open Swim	Swim Lessons 11a-1p	Open Swim		Swim Lessons 11a-12:45p		
12p	Lap Swim 12-2p		Lap Swim 12-2p	Lap Swim 12:45-2p			Open Swim One lap lane 12-5:30p
1p		Lap 12:45-2p			Lap 12:45-2p	Open Swim One lap lane 12:30p-8:30p	
2p	Open 2-4p	Open 2-4p	Home School 2-3	Open 2-5	Open Swim One lap lane 2-9:30p		
4p	Swim Lessons 4-7p		Swim Lessons	Swim lessons 4-7p			
5p		Swim lessons 4-7p					
7p	Water Bootcamp		Family Swim 7-9:30p	Water Bootcamp			
8-9:30p	8p Open +1lap	Open +1lap		Open +1lap			

Shallow Front near hallway

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8am	Lap Swim 5:30-9a	Lap Swim 5:30-9a	Lap Swim 5:30-10a	Lap Swim 5:30-9a	Lap Swim 5:30-10a	Lap Swim 7-8	
8a						Move & Groove	Lap Swim 8-10a
9a	Shallow/Deep	Aqua HIIT		Aqua HIIT		Group Swim Lessons 9a-12:30pm	Group Swim Lessons 10a-12pm
10a	Shallow/Deep	Stretch & Tone	Shallow/Deep	Stretch & Tone	Rental 11-12		
11a	Open Swim	Swim Lessons 11a-12:45p	Open Swim	Swim Lessons 11a-12:45p	Swim Lessons 11a-12:45p		
12p	Lap Swim 12-2p		Lap Swim 12-2p			Open Swim One lap lane 12:30-8:30p	Open Swim One lap lane 12-5:30p
1p		Lap 12:45-2p		12:45-2p	Lap 12:45-2p		
2p	Open 2-4p	Senior WWO	Home School 2-3	Senior WWO	Open Swim One lap lane 2-9:30p		
4p	Group SwimLessons 4-7p	Open 3-4p		Swim lessons 4-7p			
5p		Swim lessons 4-7p	Swim lessons 4-7p				
6:30p				Water Bootcamp			
7p	Water Bootcamp	Open +1lap	Family Swim 7-9:30p	Open +1lap 7:45-9:30p			
8-9:30p	Open +1lap	7-9:30p					

Key:						
Lap swim	Open Swim Family Swim	Group Swim Lessons	Water WorkOut	Home School	Adapted Aquatics	Available